



FALL AND WINTER QUARTERS Early Morning Lap Swim Schedule

REVISED FOR EVANS POOL
Effective Monday, November 14

- **Full Pool 5:45 - 6:45 a.m.**
- **Half Pool 6:45 – 7 a.m.**

As you know, starting this 2016-2017 school year, Seattle Public Schools has made school start and end times later. This change has a direct impact on daily school class schedules and means that high school swim teams had to shift to morning practice times during the competitive swim season. During that period, early morning lap swims shifted to earlier times at most pools. This schedule reflects a compromise that allows pool time for both high school swim teams and early morning lap swimmers.

EARLY MORNING LAP SWIM			Fall 2016 & Winter 2017			
POOL		Monday	Tuesday	Wednesday	Thursday	Friday
Ballard	Public Lap	5:45 - 7:15	5:45 - 7:15	5:45 - 7:15	5:45 - 7:15	5:45 - 7:15
Evans	Public Lap	5:45 - 7:00	5:45 - 7:00	5:45 - 7:00	5:45 - 7:00	5:45 - 7:00
Medgar Evers	Public Lap		5:45 - 7:15		5:45 - 7:15	
Meadowbrook	Public Lap	5:45 - 7:15	5:45 - 7:15	5:45 - 7:15	5:45 - 7:15	5:45 - 7:15
Queen Anne	Public Lap	6:00 - 7:30	6:00 - 7:30	6:00 - 7:30	6:00 - 7:30	6:00 - 7:30
Rainier Beach	Public Lap	5:45 - 7:15		5:45 - 7:15		5:45 - 7:15
Southwest	Public Lap		5:45 - 7:15		5:45 - 7:15	
<i>* check pool schedule for exact dates and maintenance closure periods</i>						

In an effort to provide all teams with the same amount of water time, an additional shift is being added for the Roosevelt High School swim team at Evans Pool. In September, the public lap swim moved to a time 15 minutes earlier.

Effective November 14, public lap swim will also be shortened by 15 minutes, which provides only one hour and 15 minutes of swim time. There will also be shared pool time 6:45 to 7a.m. From mid-February into late August, the public lap swim will return to the 6 to 7:30 a.m. time period.

At all pools, there will be shared pool time between Early Morning Lap Swim and Seattle Public Schools for the last 15 minutes of the lap swim.

Reasons for this change:

- Public school teams previously had 1 hour and 30 minutes; this has been substantially reduced, making training and preparation for competition more difficult.
- While some teams have days when they can (a) swim earlier because there is lap swim only two or three days a week, OR (b) some teams are within walking distance to the high school and do not need to drive, NEITHER of these conditions is available for Roosevelt High School.